



Abianda training feedback, 2019

A B I A N D A

One-day training on Girls, Gangs and County Lines, 23.04.2019

Abianda was commissioned by [commission name and role] to deliver training to professionals from [local authority]. Abianda training is co-facilitated by practitioners, and Abianda Young Trainers, who are young women who have been affected by gangs in some way.

Our one-day training is designed to familiarise attendees with Abianda's approach and model of working with young women and includes first-hand testimony from the Young Trainers. The day also includes:

- The policy and research context relevant to supporting young women affected by gangs and county line activity;
- Understanding the various roles of young women in gangs, the associated risks and the barriers they face in accessing services;
- Understanding the complexities of young women's 'victim' and 'perpetrating' behaviour;
- Interactive exercises to illustrate the need for a 'culture shift' in the way services engage with young women affected by gangs and county line activity;
- Introduction to practical tools to ensure a relationship based, and young-women led, approach to enhance engagement and young women's trust in our services.

Summarised below are some of the key outcomes from the feedback forms collected by Abianda. Participants were asked to rate their knowledge and understanding out of 5 at the start and end of the training:

| Topic | Before | After | Difference |
|---|--------|-------|------------|
| My understanding of how gang-affected young women are affected | 2.7 | 4.5 | 1.8 |
| My understanding of what stops gang-affected young women getting help | 2.6 | 4.5 | 1.9 |
| My knowledge of how to respond to gang-affected young women | 2.0 | 4.1 | 2.1 |

| | Score |
|--|----------------------|
| Average seminar rating | 9.3 out of 10 |
| % of attendees rating the training 10 out of 10 | 43% |
| % of attendees who would recommend the training to colleagues | 100% |

| Impact of the training | |
|---|-----|
| % of attendees who will cascade information to colleagues and managers | 77% |
| % of attendees who will change their practice | 78% |

| Other changes attendees said they would make |
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| <ul style="list-style-type: none"> ○ Learn more from Abianda and implement ○ I am developing a workshop to deliver to kinship carers in relation to this issue / area. ○ To focus on young women coming to notice and recognise their vulnerabilities and what may help them to seek help. ○ Challenge current systems. ○ Reconsider our 'asset' based approach ○ Come up with ideas for my service and team |

| Specific feedback about the Abianda Young Trainer(s) |
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| <ul style="list-style-type: none"> ○ It was a humbling experience - the two young women are inspiring! They made this training excellent. Much food for thought. An excellent training session. ○ All three trainers were passionate in their delivery and delivered great relevant training to all service providers. ○ Thank you for your honesty - really helped my understanding ○ The young ladies are inspirational! They are a credit to themselves. ○ Both young trainers were bloody brilliant! So open and clear. They have had an impact on me that I won't forget. Two wonderful, powerful, talented trainers - Thank you! ○ I thought the trainers, all of them were really good and interesting, and also how brave to speak to a large group about their lives. Very inspiring. ○ The Young Trainers' involvement in the training was really inspirational and motivating. Thank you to them for sharing their experiences. A lot of respect to them both. |



| Qualitative feedback – positive (summarised) | Qualitative feedback – how could it be improved? |
|--|--|
| <p>Excellent training. I thoroughly enjoyed.</p> <p>I really enjoyed the interactive nature of the training. Also the testimonials and input of the trainers who provided narrative relating to their lived experienced - very brave and touching - thank you.</p> <p>Informative professionally and supported by experience. Direct and effective approach.</p> <p>Amazing project, wish you all the best for a happy and safe future.</p> <p>Hearing the experience of the young trainer was a real insight into some of the experienced talked about. The training was engaging and well-paced and informative.</p> <p>I loved the real-life case studies from the trainers of their experience.</p> <p>Brilliant! I thought I had basic understanding of the above on how young women are affected, the training opened my eyes and increased my knowledge generally. Increased my confidence of working with these young girls / omen in the future, and their families.</p> <p>Mixture of training methods really helpful. Real life trainers really enhanced the learning as it made it authentic.</p> <p>Interesting. Well-presented and varied. Re-focus of important strategies and skills.</p> <p>Useful, informative, educational. Tailored to services and multi-agency ways of working, great pace and very engaging.</p> <p>Engaged audience. Real perspectives heard. No sugar coating.</p> <p>Having young trainers with their own personal experience was invaluable. The knowledge and experience of all 3 was amazing - brill training overall.</p> <p>Engaging, brave.</p> <p>Brilliant training delivered from different perspectives and also applicable to so many different professions.</p> <p>Great testimonies and very adaptive.</p> <p>Strong subject knowledge, good Q&A / feedback opportunities.</p> <p>Informative. Voice of young women who had experienced gangs, CSE.</p> <p>Very good, clear, thought-provoking. Authentic content which enabled a good level of understanding.</p> <p>Good interaction between participants and those leading the training. Informative and authentic content.</p> <p>I can't praise this training highly enough and it will help me in my work.</p> <p>Good balance of group work to keep the training moving. More training to be available to other colleagues as it has been really beneficial to my practice. Very informative.</p> | <p>Advice for family / carers who are worried their child may be at risk.</p> <p>Maybe more day in the life description of what it means for a young woman.</p> <p>Another day. More time with the trainers.</p> <p>Would be good to think more about support for young women when they are identified out of area... OT so services can support.</p> <p>It could not.</p> <p>More in depth look at how services could change / what is stopping this.</p> <p>More local context.</p> <p>N/A</p> <p>Longer for further detail.</p> <p>Tools to use in practice. Longer training / smaller group.</p> <p>So much information - could be 2 days?</p> <p>Group felt almost too big, but popular training. If more days, useful to find out how to 'skill up' family members.</p> <p>How to help young people who are not able to leave gang. Relationship between family association gang activity?</p> <p>N/A</p> <p>More time</p> <p>Lot of information in one day - possibly spread over two days.</p> |

